

# G.A.S.P Presentation

“Games Adolescents Shouldn’t Play”

## Overview

This is a presentation on what has been come to be known as the “Chocking Game”, a behavior in which adolescents restrict the oxygenated blood flow to their brain to experience euphoria. The restriction of oxygen rich blood to the brain is accomplished in two general ways:

1. A friend presses on the side of another youth’s neck till unconsciousness results.
2. A single youth induces fainting using either some form of cord or belt to compress their neck or a plastic bag to reduce the oxygen richness of inhaled air.

All of these methods result in the destruction of brain cells and have in many cases resulted in permanent mental impairment, injuries from falling, mini or serious strokes and sometimes death.

The statistics for adolescent deaths from this activity are listed on the web page [www.deadlygameschildrenplay.com](http://www.deadlygameschildrenplay.com) .Unfortunately Canada often has the top third or fourth highest amount of deaths of countries that report deaths from this activity. The profile of youth who participate in this activity may surprise you because they are very often well behaved model students. The chocking game activity goes by many names and parents and teachers should know these names so they can take action when kids are found discussing it or talking on line about it.

This presentation is offered to parents, teachers, youth workers or any organization who may come across the warning signs of this activity. A similar lecture can be offered to youth on request from parents and organizations.

Your presenter is Reginald Dane Berringer who has over 15 years of law enforcement and 15years of teaching to law enforcement. Dane is uniquely qualified to teach this course because of his experience with troubled youth and as an instructor in lateral vascular restraint procedures in Judo and policing.

## Course Fee and Requirements

There is no charge for this Presentation.

\*Depending on your location there may be minimal travel expense costs.

Course Duration: 45 minutes plus Question and Answer.

Methods of Delivery Lecture with Power Point

Cost of Course: \*No charge.

Material Supplied: What to look and listen for, information handout

# **G.A.S.P Presentation**

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## **Presentation Outline**

### **What is the Chocking Game?**

**Definition and explanation of behaviors.**

**Most common methods**

**Results of Behaviour.**

### **Warning Signs**

**Other names used**

**Physical symptoms**

**Emotional symptoms**

**Articles or signs to look for**

### **Typical Profile of User**

**Age**

**Gender**

**School performance**

**Overall behavior before using game**

### **Addictive Factor**

**Substitute for drugs or alcohol high**

**Dangers of single person use after two person addiction**

**Cumulative Bran Damage**

### **Video Presentation (15 minutes)**

**Discussion**

**Issues in presenting to schools.**

**What to do if a child or adolescent is involved.**

**Question and Answers.**

**Presentation critique and closure.**